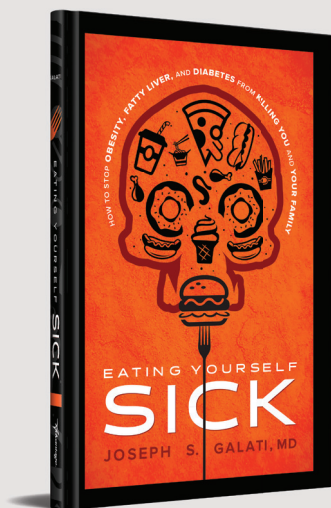


# DR. JOE GALATI, MD

LIVER SPECIALIST. PASSIONATE SPEAKER. HEALTH EXPERT.

TAKE BACK YOUR LIFE...  
AND ENSURE A LONG,  
HEALTHY ONE FOR  
YOUR FAMILY.



## Eating Yourself Sick

With a desire to reach more individuals with a powerful message, Dr. Galati wrote *Eating Yourself Sick: How to Stop Obesity, Fatty Liver, and Diabetes from Killing You and Your Family* to inspire readers to regain their health. The Amazon bestselling book helps readers understand that their lifestyle could be killing them and their children. But by taking responsibility for the “3 Fs”—family, faith, and food— they can turn their health around.

“In this highly readable and approachable book, Dr. Galati brings experience derived from his career as a renowned expert in liver disease together with his skills as a communicator to bear on a disorder that is a modern epidemic. In a style that is lucid and understandable, yet never condescending to the reader, he not only takes us through the causes and impacts of the modern obesity epidemic, but he also provides solutions that are realistic and attainable.

—Eamonn M. M. Quigley, MD,  
FRCP, FACP, MACG, FRCPI



As a hepatologist – a physician who specializes in the liver including diseases like fatty liver and metabolic syndrome – Dr. Joe Galati sees the negative effects of poor eating on the human body daily. As the founder and practitioner of one of America’s largest private liver practices, Liver Specialists of Texas and the Metabolic Liver Center (Fatty Liver Disease Clinic), Dr. Galati’s extensive knowledge and solutions make him an expert in helping save people’s lives through effective solutions, lifestyle guidance, and disease prevention.

Each day, Dr. Galati meets with people who have life-threatening illness or are on the path to those diseases. Most of the time it’s because they view nutrition and eating in an unhealthy way. When it comes to your physical well-being, it takes time and commitment. It can be a challenge to get back to being healthy, but it is not impossible—especially with Dr. Galati’s help. For over 30 years, Dr. Galati has been devoted to the care of patients with all facets of liver diseases, obesity, fatty liver, and related disorders.

In addition to educating his patients in the office, Dr. Galati hosts a radio show to educate more individuals about their health. Since 2003, his voice has been a familiar one on Texas radio airwaves, producing and hosting “Your Health First” every Sunday evening on the program’s flagship station 740 KTRH in Houston. Each week, Dr. Galati discusses the latest health and medical trends with his listeners. He also brings on experts from around the country to explain how these medical breakthroughs might affect listeners and their families. In addition, every Monday morning Dr. Galati presents his “Medical Minute,” a 60-second update featuring breaking news related to health and wellness. Whether it’s Monday morning or Sunday evening Dr. Galati, America’s “Physician-Communicator,” can be heard on the radio encouraging his audience to become better consumers of healthcare and equipping them with the information they need to better understand the health issues of today.

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A hepatologist of Houston, Texas, Dr. Joe Galati has been devoted to the care of patients with all facets of liver diseases, obesity, fatty liver, and related disorders for over 30 years. Following medical school, he was an intern and resident in Internal Medicine at State University of New York Health Science Center-Brooklyn. There, his passion for liver disease/transplant medicine

led him to Omaha, Nebraska, where he completed his fellowship training in Gastroenterology, Hepatology, and Transplant Medicine at the University of Nebraska Medical Center.

In 2001, Dr. Galati formed Liver Specialists of Texas and the Metabolic Liver Center (Fatty Liver Disease Clinic) - one of America's largest private liver services - to provide a wide range of specialized care to patients with digestive and liver disorders. Dr. Galati's patients are warmly received and offered the highest level of care.

With his help, Dr. Galati's patients are empowered with the belief and knowledge that there is in fact enough time in the day to live healthier lives and that it's not too late to change. Under his care, Families are getting back on the track to longer, healthier lives.

## Featured On



## Event Speaker

Dr. Joe Galati has treated and reached thousands of people through his private practice and radio program, "Your Health First." With his help, individuals and their families have been empowered to take back their health and regain control of their lives.

Dr. Galati is America's "Physician-Communicator" gifted with the ability to discuss complex medical, health, and wellness topics in easily understood and actionable language.

As the founder and practitioner of one of America's largest private liver practices, Dr. Galati's extensive knowledge and proven solutions make him a highly sought-after expert in helping save people's lives through effective solutions, lifestyle guidance, and disease prevention.

Benefit from one of the most established experts in the field of hepatology and medical education for your next conference, workshop, or event.

Book Dr. Galati today for any of the following topic areas:

- Health/lifestyle management
- Weight loss management
- Nutrition management
- Fatty Liver Disease
- Alcohol Abuse
- Workplace Productivity
- Heart Disease
- Diabetes
- Disease Prevention